



Yolanda Talley
School Counselor



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Meet The Counselor

My Name is Yolanda Talley and I have been Haines' school counselor for 10 exciting years. Below are just a few things I do:

- apply academic achievement strategies
- manage emotions and apply interpersonal skills
- plan for postsecondary options (higher education, military, work force)

Focus on Things Going Well

As the parent you should motivate your child(ren) to focus on the things they might be looking forward to. Before school starts, you can ask, "What are you looking forward to on your first day of school?" or "What have you missed about school?" Once school starts, you can ask: "What was the best thing that happened today?"

Returning to School

Transitioning back to school, or starting them for the first time, or starting a new school, can create extra challenges at this time. In the boxes below, I will advise parents on how they can help their student make a successful transition to in-person learning.

Create a Routine

There are many ways parents can help their children during school, by creating a daily routine. One important routine is an acceptable bedtime and an acceptable time to wake at the same time every school day. Before or after school, schedule interaction with your, activities you can do together like cooking, reading or taking a walk together.

Validate, Listen Help to Solve Problems

When your child tells you or shows they are having a difficult time, listen carefully to their concerns. You have to give them your undivided attention by putting the devices away. Let your child know you are listening. Help them face whatever problem they may be having and give them solutions.

Contact Information

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