

SEPTEMBER 2018

HAINES - John C. Haines Elementary School

K-8 Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
		<ul style="list-style-type: none"> Cheese Pizza T.Peperoni Pizza Hot Dog Cheese & Cracker Kit Salad Mix Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Chicken Nuggets Breadstick Cheese Quesadilla Toppings Turkey & Cheese Kaboom Sub PBJ Sandwich Curly Fries Fresh Broccoli Baby Carrots Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Chicken Tacos & Bean Tacos with Flour Tortillas OR Chicken Tacos & Bean Tacos with Corn Tortillas Taco Toppings Grilled Cheese Sandwich PBJ Sandwich Tuxedo Beans Fresh Broccoli Baby Carrots Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Sweet Thai Popcorn Chicken Brown Rice Hamburger Cheeseburger Cheese & Cracker Kit Romaine Lettuce Leaf & Tomato Slice Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	
9	10	11	12	13	14	15
<ul style="list-style-type: none"> OFFERED DAILY We offer a rotation of vitamin and mineral-rich seasonal fresh and cupped fruits. We only use heart-healthy whole grain breads, pastas, and rice in our recipes. Our milk varieties include 1% low fat and fat-free unflavored and flavored choices. 	<ul style="list-style-type: none"> Cheese Pizza Wedge Chicken Tenders Breadstick Cheese & Cracker Kit Salad Mix Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Cheesy Chicken Enchilada Bake Black Bean & Red Pepper Enchilada Bake Toppings Grilled Cheese Sandwich PBJ Sandwich Tuxedo Beans Fresh Broccoli Baby Carrots Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Macaroni & Cheese Chicken Patty Sandwich PBJ Sandwich Romaine Lettuce Leaf & Tomato Slice Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- Skim Milk 1% Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Sweet Thai Chili Chicken Leg (Local) Seasoned Rice Cheese Quesadilla Toppings Grape Chicken Salad Sub PBJ Sandwich Salad Mix Fresh Broccoli Baby Carrots Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Spicy Popcorn Chicken Breadstick Cheeseburger Hamburger Cheese & Cracker Kit Potato Emoticon (Local) Romaine Lettuce Leaf & Tomato Slice Baby Carrots Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Our menus are pork-free! In peanut-free buildings, SunButter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings.
16	17	18	19	20	21	22
	<ul style="list-style-type: none"> Cheese Pizza Wedge Hot Dog PBJ Sandwich Salad Mix Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Chicken Tacos & Bean Tacos with Flour Tortillas OR Chicken Tacos & Bean Tacos with Corn Tortillas Taco Toppings Grilled Cheese Sandwich PBJ Sandwich Tuxedo Beans Salad Mix Fresh Broccoli Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Cheese Ravioli Breadstick Hamburger Cheeseburger PBJ Sandwich Romaine Lettuce Leaf & Tomato Slice Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Chicken Nuggets Breadstick Breaded Fish Sandwich Turkey & Cheese Kaboom Sub PBJ Sandwich Potato Emoticons (Local) Fresh Broccoli Baby Carrots Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Orange Popcorn Chicken Brown Rice Hamburger Cheeseburger PBJ Sandwich Romaine Lettuce Leaf & Tomato Slice Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	
23	24	25	26	27	28	29
	<ul style="list-style-type: none"> Cheese Pizza Wedge Spicy Popcorn Chicken Breadstick PBJ Sandwich Salad Mix Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Chicken & Bean Nachos Vegetarian Nachos Nacho Toppings Cheeseburger Hamburger PBJ Sandwich Seasoned Corn (Local) Zesty Black Beans Fresh Broccoli Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Pancakes Homestyle Chicken Patties OR Pancakes Cheddar Omelet Chicken Patty Sandwich PBJ Sandwich Romaine Lettuce Leaf & Tomato Slice Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- Skim Milk 1% Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Frank's Red Hot Chicken Leg (Local) Breadstick Cheese Quesadilla Toppings Turkey Cucumber Slam! PBJ Sandwich Sweet Potato Fries Fresh Broccoli Zesty Black Beans Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	<ul style="list-style-type: none"> Sloppy Joe Sandwich Bean & Cheese Burrito Toppings PBJ Sandwich Salad Mix Baby Carrots Celery Sticks Seasonal Fruit Choice of Milk --- 1% Milk Skim Milk Chocolate Skim Milk 	