

John C. Haines School 興氏學校

PARENT NOTIFICATION LETTER FOR SEXUAL HEALTH EDUCATION 性教育家長通知書

Dear Parent or Guardian親愛的家長或監護人：

During May or early June 2021 your child will receive Sexual Health Education as part of the CPS Sexual Health Education Policy either during their P.E. (Grades K-4) or Science (Grades 5-8) class time.

在2021年5月至6月初期間，您的孩子將在其體育課期間接受性健康教育，這是CPS性健康教育政策的一部分。（K-4年級）或理科（5-8年級）上課時間。

Please read the attached detailed scope and sequence for the CPS Sexual Health Education Curriculum. This document includes the lesson titles and information about each lesson for every grade level.

請閱讀芝加哥公立學校性健康教育課程的附加詳細指引，本文件包含有關每節課為每個年級的課程標題和信息。

The Board acknowledges that parents/guardians are the primary sexuality educators for their child/children and Haines Elementary School is committed to partnering with parents/guardians to provide supplementary instruction to students via the sexual health education lessons.

校董會認為家長/監護人是興氏學校學生基本性為教育的教導人，興氏小學致力與家長/監護人合作，通過健康教育課程提供補充指導學生。

In alignment with Illinois State Code 105 ILCS 110/3 (*No pupil shall be required to take or participate in any class or course on AIDS or family life instruction if his parent or guardian submits written objection thereto, and refusal to take or participate in the course or program shall not be reason for suspension or expulsion of the pupil*), parent/guardians must provide a timely written objection opting their child/children out from participating in any CPS Sexual Health Education course. Your child's participation in this worthwhile unit of study is voluntary.

If you wish to have your child excused from participation, please inform the teacher in writing.

對準伊依據利諾伊州法例105 ILCS110/3（無學生均須參加有關愛滋病或家庭生活指導的任何課程，如果父母或監護人提出書面異議，一旦拒絕接受課程學校不會處分學生），家長/監護人必須提供及時書面異議書如果他們不想孩子參加性教育課程。你的孩子在學習這些是有意義和自願的。如果您希望您的孩子從免除參加，請書面告訴我。

Sincerely,

Ms. Catherine Amy Moy-Davis
Principal

Mr. Hennessy
Health Teacher (Grades K-4)
cmhennessy@cps.edu

Mr. Naliwajko
6th-8th Grades
dpnaliwajko@cps.edu

Ms. Yau
5th Grade
bwong@cps.edu

Ms. Khawam
6th-7th Grades
aekhwam@cps.edu

Sexual Health Education Scope and Sequence for grades Kindergarten to 8th Grade (Some lessons may be combined)

Kindergarten

- Lesson 1: Creating Our Happy and Healthy Classroom Community
- Lesson 2: Different Types of Families in Our Homes
- Lesson 3: Expressing Our Feelings
- Lesson 4: Our Safety Network of Trusted Adults
- Lesson 5: Understanding Our Bodies – Private vs Public Body Parts
- Lesson 6: Safe and Unsafe Touches
- Lesson 7: Surprises vs Tell Secrets
- Lesson 8: Assessing What Was Learned

1st grade

- Lesson 1: Creating Our Happy and Healthy Classroom Community
- Lesson 2: How to Share Our Feelings
- Lesson 3: Families in Our Homes
- Lesson 4: Families Can Change
- Lesson 5: Our Friendships
- Lesson 6: Safe and Unsafe Touches
- Lesson 7: Surprises vs Tell Secrets
- Lesson 8: Sharing What We Learned

2nd Grade

- Lesson 1: Creating Our Happy and Healthy Classroom Community
- Lesson 2: What to Do When Words or Actions Hurt
- Lesson 3: Our Bodies and Our Spaces
- Lesson 4: Stopping Gender Bullying
- Lesson 5: Lessening the Spread of Germs
- Lesson 6: My Body is Mine
- Lesson 7: Our Families
- Lesson 8: Living and Non-Living Things (+ Reproduction)
- Lesson 9: Teaching Others (Assessments)

3rd Grade

- Lesson 1: Becoming Upstanders – Exploring Respect
- Lesson 2: Healthy vs Unhealthy Relationships
- Lesson 3: Being an Upstander to Myself – Exploring Self-Esteem and Self-Efficiency
- Lesson 4: Being an Empathetic Buddy
- Lesson 5: Being an Upstander Buddy When a Person is Being Bullied
- Lesson 6: The Power of Words Online
- Lesson 7: My Body is Mine

- Lesson 8: Reviewing How to be an Upstander for Safety
- Lesson 9: Teaching Others to be Upstanders (Assessments)

4th Grade

- Lesson 1: Introduction to Our Family Life/Sexual Health Unit
- Lesson 2: Taking Care of Our Bodies with Basic Hygienic Habits
- Lesson 3: Puberty – What is Puberty? Part 1
- Lesson 4: Puberty – What is Puberty? Part 2
- Lesson 5: Puberty – Changes that Occur to Most Boys and Most Girls
- Lesson 6: Standing Up for Our Social Health
- Lesson 7: Talking Safely Online
- Lesson 8: The “NO!”, Go, Tell Healthy Habit
- Lesson 9: How Can We Continue Our Learned Healthy Habits?

5th Grade

- Lesson 1: Decision Making 101 for Our Pre-Teen Health Unit
- Lesson 2: The Basics of Going Through Puberty
- Lesson 3: Applying the DECIDE Decision Making Steps to the Basics of Going Through Puberty
- Lesson 4: Common Puberty Changes for Most Females and Most Males (+ body parts)
- Lesson 5: Applying the DECIDE Decision Making Steps to Common Puberty Changes in Most Females and Most Males Experience
- Lesson 6: The Facts About Germs and HIV
- Lesson 7: Social Changes – Being Clear with Your Friends
- Lesson 8: What is LOVE? – Discussing Relationships and Sexual Orientation
- Lesson 9: Decisions a 5th Grader Can and Cannot Decide Upon
- Lesson 10: Why Do We Go Through Puberty?
- Lesson 11: Decisions About Protecting Yourself – Discussing Abstinence and Protection from STIs
- Lesson 12: Decision-Making Application for Being a Healthy Pre-Teen

6th Grade

- Lesson 1: Decision Making – Who am I?
- Lesson 2: Change is a Natural Occurrence for All of Us (Puberty Review)
- Lesson 3: The Realities of Puberty and Decision Making
- Lesson 4: Every Deserves Acceptance and Respect
- Lesson 5: The Realities of Puberty and the Decision Making Required
- Lesson 6: Deciding What to Believe Online
- Lesson 7: Chatting Safely Online
- Lesson 8: Understanding Romantic Relationships
- Lesson 9: Liking and Loving – Now and When You are Older
- Lesson 10: Demonstrating Assertive Decision Making
- Lesson 11: Decisions About Protecting Yourself – Review of STIs and Protection Methods
- Lesson 12: Decision Making Assessment – Letter to Yourself

7th Grade

- Lesson 1: What Influences My Sexual Health?
- Lesson 2: Sexual Health and a Socio-Ecological Model (Messages Within and Around Us)
- Lesson 3: Intrapersonal – Review of Anatomy and Physiology – An Intrapersonal Influence
- Lesson 4: Gender Identity, Gender Expression, Sex Assigned at Birth, and Sexual Orientation
- Lesson 5: Respecting Myself and Others
- Lesson 6: The Impact People Around Us Can Have on Our Sexual Health (Interpersonal Influences)
- Lesson 7: Being a Positive Influence on Others Bystander Steps and Realities of Consent

- Lesson 8: Our Community – Available Sexual Health Resources
- Lesson 9: Truth in the Media?
- Lesson 10: Influencing Peers to Use Condoms and Get STI Tested
- Lesson 11: Youth and Sexual Health Public Policy
- Lesson 12: Analyzing Influences – Messages to Help Other + Personal Reflection
- Optional Lesson: Signs and Symptoms of Pregnancy

8th Grade

- Lesson 1: Students' Sexual Health Bill of Rights and Unit Expectations
- Lesson 2: Common Barriers and Bridges in Communication
- Lesson 3: Choosing Your Words Carefully
- Lesson 4: Talking Without Speaking – The Role of Texting in Relationships
- Lesson 5: Communicating About Body Parts – A Review of Anatomy and Physiology
- Lesson 6: Supporting Your Health – Who You Are and What you Want
- Lesson 7: “Red, Yellow, or Red?” – What is Appropriate Behavior?
- Lesson 8: Warning Signs – Understanding Sexual Abuse and Assault
- Lesson 9: Talking About Sexually Transmitted Infections
- Lesson 10: How to Talk with a Medical Professional About Your Sexual Health
- Lesson 11: Communicating About Choices
- Lesson 12: Effective Communication to Support Your Values
- Lesson 13: Practicing Your Communication Skills for Positive Sexual Health