



John C. Haines School Counselor NEWSLETTER

November 2017

Yolanda Talley School Counselor

Making Friends

Friendships are an important part of school

Here are some tips for making and keeping friends.

Model good friendship skills for your child. Encourage friendliness, sharing and being a good listener. When they have trouble, help them problem solve and develop their own problem solving skills.

Be empathetic. Help your child identify how people are feeling based on facial expressions or actions and encourage them to react appropriately.

Set up opportunities for play in various situations - have play dates or participate in an activity they enjoy where peers will be involved (Girl Scouts, soccer, etc). Pay attention - When playing, does your child have any behaviors that could hinder

friendships? Talk about them and discuss different ideas.

NOVEMBER 2017

Adoption Awareness Month

Military Family Appreciation Month

National Career Development Month

National Family Caregivers Month

National Runaway Prevention Month

National Scholarship Month

Native American Heritage Month

Picture Book Month

11-19 National Hunger and Homelessness Awareness Week

13 World Kindness Day

13-17 American Education Week

13 -19 National Apprenticeship Week

16 International Day for Tolerance

16 National Parental Involvement Day

18 Family Volunteer Day

18 National Adoption Day

24 Native American Heritage Day

24 Random Acts of Kindness Friday